## Daily Supplements Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Pills

|  |  |  |  |
| --- | --- | --- | --- |
| Supplement | Morning | Afternoon  | Evening |
| Essential Candida Control | pills | pill | pills |
| Pro Omega 2000 Fish Oil | pill | pill | pill |
| Essential Turmeric | pill | pill | pill |
| MC-BFM-1 | pill | pill | pill |
| Essential Probiotic 20B | pill | pill | -- |
| Reacted Zinc | pill | pill | -- |
|  |  |  |  |
|  |  |  |  |

Drops

|  |  |  |  |
| --- | --- | --- | --- |
| Supplement | Drops | Per day | Additional Drops |
| Mycoregen | 2 drops in water | X 2 (🡡 1 drp 3 day) | + (to 10) |
| ENL-BT-1 | 1 drop in water | X 2 (🡡 1 drp 3 day) | + (to 10) |
| TOXEZ GL | 5 drops in water | X 2 (🡡 1 drp 1 day) | + (to 15) |
| Parazomin | 5 drops in water | X 2 (🡡 1 drp 1 day) | + (to 20) |
| MCBB-1 | 2 drops in water | X 3 (🡡 1 drp 1 day) | + (to 20) |
| IMN-R | 2 drops in water | X 3 (🡡 1 drp 1 day) | + (to 20) |
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|  |  |  |  |

Other

|  |  |  |
| --- | --- | --- |
| Supplement | Amount | Per day |
| Essential Glutamin Powder | 3 scoops in water  | X 2 per day |
| Immuno PrP  | 1 scoop in drink  | X 1 per day |
| Opticleanse | 1 scoop in drink  | X 1 per day |
|  |  |  |